

# ST MARY CHURCH

**August 4, 2024**

**Eighteenth Sunday  
in Ordinary Time**

## MASS SCHEDULE

### *SATURDAY VIGIL*

**St. Benedict/OLOM**

4:00 PM (English) 6:00PM (Spanish)

### *SUNDAY MASSES*

**St. Mary Church**

Sunday: 8:00 AM (Spanish); 10:00 AM (English);  
12:00 PM (Spanish), 5:00 PM (English)  
& 7:00 PM (Spanish)

### *DAILY MASSES*

**St. Joseph's Chapel (St. Mary)**

Monday-Friday: 9:00 AM (English)

**St. Benedict/OLOM**

Monday –Friday 7:00 PM (Spanish)

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**Adoration & Benediction (St. Mary)**

Every Sunday from 1:00 PM– 5:00 PM

### **Civil Holidays**

St. Joseph's Chapel: 9:00 AM

### **Sacrament of Confession**

Saturdays: 2:00 PM – 3:00 PM  
(St. Benedict/OLOM.)  
or anytime by appointment

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### **Parish Office Hours:**

Monday—Thursday: 9:00 AM—3:00 PM  
Wednesday 6:30 PM - 8:00 PM,  
Friday -9:00 AM – 1:00 PM & 3:30 PM - 7:30 PM  
Saturday 9:00 AM -1:00 PM

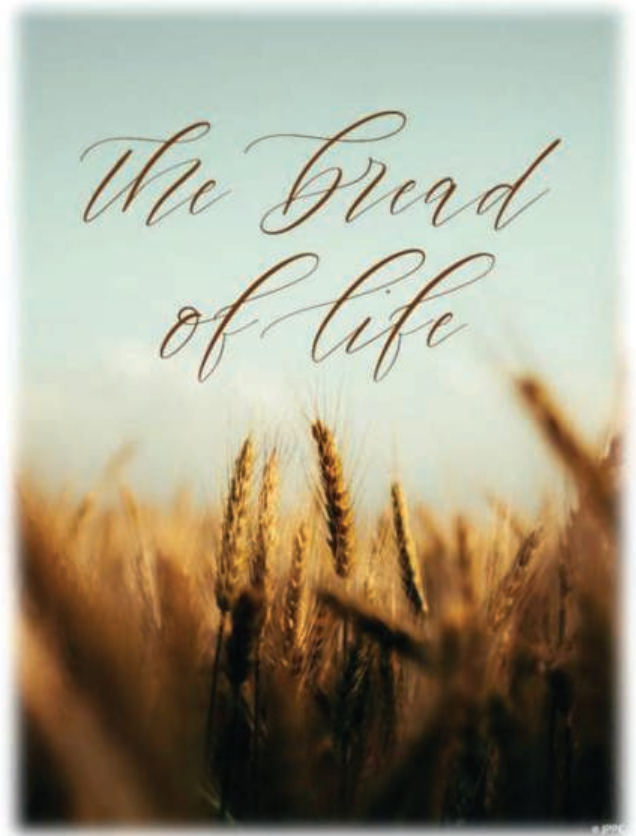
### **Location:**

566 Elm Street  
Stamford, CT 06902  
(203) 324-7321

[www.stmarystamford@yahoo.com](mailto:www.stmarystamford@yahoo.com)

### **Connect With Us!**

Facebook.com/Parochus Paroeciae



**Rev. Gustavo A. Falla, Pastor**

*Accountant:*

Mrs. Lorraine Dineen

[lorraine.dineen@diobpt.org](mailto:lorraine.dineen@diobpt.org)

*Administrative Assistant*

Mrs. Stefania Canneto

[stefania.canneto@yahoo.com](mailto:stefania.canneto@yahoo.com)

*Parish Secretary*

Mrs. Alexandra Aquino

[stmarystamford@yahoo.com](mailto:stmarystamford@yahoo.com)

*Director of*

*Religious Education:*

Rosner Rosas

[rosner.rosas@stmarystfd.org](mailto:rosner.rosas@stmarystfd.org)

*Finance Council Chair*

Mr. Joe Aulenti

[joe.aulenti@gmail.com](mailto:joe.aulenti@gmail.com)

*Parish Council Chairwoman:*

Ms. Mary Catherine Herbert

*Lay Corp. Members:*

Mrs. Gelsomina Califano

Ms. Janet Sandor

*Music Ministry:*

Mrs. Vicky Crilly

[soprano@virginiaherrera.com](mailto:soprano@virginiaherrera.com)

**Welcome!**

*A warm welcome to all  
visitors and new Parishioners!*



## BAPTISM

Parishioners looking to baptize their child should contact the parish office for registration information.

Prior to the Baptism of a child, both parents and godparents must attend a Baptism Workshop.

**Second Saturday of the month:**

St. Mary (*English*)

**Fourth Saturday of the month:**

St. Mary (*Spanish*)

*Call office to arrange an appointment with one of the priests.*



## MATRIMONY

Contact one of the priests at least six months in advance.



## OUTREACH TO THE HOMEBOUND

If you know someone who is not yet comfortable coming to Mass or who is unable to attend in person but would like to receive Holy Communion, or if you yourself are in that position, please contact Stefania at the parish office at (203) 324-7321 or at [stmarystamford@yahoo.com](mailto:stmarystamford@yahoo.com)

We will arrange a visit from Father Falla, or one of our Extraordinary Ministers of Holy Communion.

**Please pray for our sick parishioners and friends:** Maeve Convery, Haydee Dominguez, John Mileto, Ambrocía Palencia, Dora Gugierrez, Richard Nuzzo, Jorge Camacho, Iris Jurado, Martha Garcia, Bozena Krepsztul, Raymond Betz, Jason Gary, Peggy McNamara, Felicia Thorne, Ida Aurello, Chris Cingari, Christopher Hart, Harper Rotante Pappas, Amanda Campos, Cathleen O'Donovan, Elizabeth Warren, Cesar Echeverri, Perodin Lesperanc, Yolande Charles, Antoinette Henry, Roseanne Lotz, Joseph Faugno, Lori Cimeno, Jeffery Martin,

Martin family, Chris Kocot. Gladys Aguilar, Carolina Morales, John Mulio, Benjamin Parresi, Bill Rittman, Nancy Cummings, and Denise Cece-York, Joseph Turner, The Foust Family, Ayeisha Lawyer-Warren and Family, Jerry Greco, Larry Sanchez, Dylan Ellis, Timothy Herbert, Claudia Faugno, Alba Ayala, Tone Shtufaj, Fernanda Donis, Francisca Donis, Omar Diaz Jimenez, Valentina Rojas Alice Bataguai, Amy Hunte, Jennifer Escobar Martinez, Janet Casalo, Karen Cingari, Elizabeth Victory and Ronald Malloy

### FUNERAL LITURGIES

THE CELEBRATION OF THE FUNERAL LITURGY IN THE CHURCH OFFERS THE UNIQUE OPPORTUNITY FOR THE FAITHFUL TO PRAY FOR THE REPOSE OF THE SOUL OF THE DECEASED WHILE WORSHIPING GOD, THROUGH THE SON, IN THE PRESENCE OF THE SPIRIT. THE LITURGY GUIDES BELIEVERS IN THIS CHARITABLE SPIRITUAL EXERCISE AS THEY COMMEND THE SOUL OF THE DEAD TO GOD, THE AUTHOR OF LIFE, SO THAT THE SOUL OF THE DECEASED BE ADMITTED TO PARTAKE IN THE ETERNAL BANQUET IN HEAVEN. AT OUR PARISH WE STRONGLY RECOMMEND FAMILIES TO FIRST CONTACT A FUNERAL DIRECTOR OF THEIR CHOICE TO MAKE THE NECESSARY ARRANGEMENTS FOR A FUNERAL, BEFORE CALLING OUR OFFICE. FUNERAL DIRECTORS ARE PROFESSIONALS THAT DEDICATE THEIR TIME AND CONCERN TO AID PEOPLE AS THEY MOURN THE DEATH OF A LOVED ONE. WHILE THE PRACTICE OF OFFERING WORDS OF REMEMBRANCE DURING MASS IS NOT PERMITTED AT OUR PARISH, WE ENCOURAGE OUR PARISHIONERS TO DO SO EITHER AT THE WAKE OR AT THE INTERMENT. OUR DECISION AGAINST WORDS OF REMEMBRANCE AT MASS IS BASED ON THE FACT THAT, ON SEVERAL OCCASIONS, GUEST SPEAKERS SHOWED DISREGARDS FOR THE HOLINESS OF THE SACRAMENT OF MASS BY THEIR POOR TASTE IN THEIR VOCABULARY AS WELL AS THE SUPERFICIAL CONTENT OF THEIR SPEECH.

### Offertory Collection: July 27/28

	Regular Offertory		
4:00 pm	\$1,094		
6:00 pm	\$1,090		
8:00 AM	\$3,059		
10:00 AM	\$1,358		
12:00 PM	\$2,882		
5:00 PM	\$416		
7:00 PM	\$1,152		
Mail In	\$792		
<b>Total</b>	<b>\$11,843</b>		



### St. Mary Sanctuary Lamp

Is burning this week  
In Loving Memory of

*Rocky Cingari*

Requested by Karen Cingari



### St. Mary Altar Flower

In Loving Memory of

*Rocky Cingari*

Requested by Karen Cingari



**St. Mary Mass Intentions**

**St. Benedict/OLOM Mass Intentions**

**Saturday: August 03, 2024**

4:00pm: +Graziella, & +Biago Mazzella, Int. Califano Family

6:00pm: +Tomasa Ramos, Int. Familia

**Sunday: August 04, 2024**

8:00am: +Benjamín Barahona, Int. Familia

10:00am: +Mike & +Maria Manna, Int. Patricia & Silvio Manna

12:00pm: +Martha Magdalena Mayorga Escobar, Int. Familia

5:00pm: +Mark Gerard, Int. Sharon MackNight

7:00pm: +Por las Almas del Purgatorio

**Monday: August 05, 2024**

9:00am: +George Conant, Int. Friends

7:00pm: +Olga Cecilia Saltos Panta, Int. Fmla.

**Tuesday: August 06, 2024**

9:00am: +Por las Almas del Purgatorio, Int. Gloria Quezada

7:00pm: +Benjamín Barahona, Int. Familia

**Wednesday: August 07, 2024**

9:00am: +Giuseppe & Concetta Masone, Int. Anna Stella

7:00pm: +Benjamín Barahona, Int. Familia

**Thursday: August 08, 2024**

9:00am: +Clement & Marie Bellairs, Int. Family

7:00pm: +María Angela Flores, Int. Familia

**Friday: August 09, 2024**

9:00am: +Mire Gjuraj, Int. Vera & Agee

7:00pm: + Galo Acosta, Int. Familia

**Saturday: August 10, 2024**

4:00pm: +John Condon, Int. Family

6:00pm: +Estela Hernandez, Int. Familia

**Sunday: August 11, 2024**

8:00am: +Mercedes Jacome, Int. Familia

10:00am: +Marie Alice Batagus, Int. Chris, Tony & Joseph

12:00pm: Por la Salud de Omar Diaz, Int. Familia

5:00pm: +Rocky Cingari, Int. Karen Cingari

7:00pm: +Aray Pedro Urraca, Int. Familia



Welcome back 2024  
**St. Catherine Labouré Young Apostles**  
 4.00PM - 6.00PM

We're now accepting middle and high school students

**Meeting Dates 2024**

Every third Sunday of the month

- February 18
- March 17
- April 21
- May 19
- June 16
- July 21
- August 18

Activities

- Adoration
- Small group discussions
- Friendship
- Service
- Games

Saint Mary of Stamford Parish  
 566 Elm Street Stamford, CT 06902



**Lourdes RETREAT**

St. Mary's Catholic Church  
 566 Elm Street  
 Stamford, CT 06902

Celebrating:  
 Bishop Frank Caggiano

Saturday  
 September 7, 2024  
 1:00 PM

For Reservations and Information:  
 lourdesretreatstmarystamford@gmail.com

Event Coordinator:  
 David D'Andrea

Host:  
 Fr. Gustavo Falla

FREE ADMISSION  
 Donations Encouraged

- \* LOURDES WATER
- \* EUCHARISTIC BLESSING
- \* CANDLELIGHT ROSARY

Refreshments served after the celebration

Diocese committee for healing

**Pray for the Souls:** +Hubart Fenton, +Ramiro Bravo, +María Juárez, +Alex Garcia, +Benjamin Barahona, +Nelly Gordillo, +Vito Colacurcio, & +Maria Catena Altamura.

**Pray for Our Petitions:** 50 Aniversario de Matrimonio de Agustín y Delia, 9 Aniversario de Boda de Cecilia y Carlos Navarro, Por la Salud de Jesús y Gloria Quesada, por el Cumpleaños de Blanca Lilian Ocampo, Por el Cumpleaños Paola López, Acción de Gracias a San Luis Rey de Francia, Cumpleaños de Héctor y Rodolfo Reyes, & Honor al Señor de los Milagros.

**Reflection**

by Rev. Leonard N. Peterson

When I was a pastor, long before such practice had to be done away with, I used to hire high school students to answer the rectory phone on weekday nights. One of them was a rather chubby boy. Over a relatively short time he lost a good bit of weight. That prompted me to ask him how he did it. His ready answer: "I stopped eating bread."

Most weight conscious people nowadays who want to lower the number on the scale know that eating breads a "no-no." So, when that tempting warm basket of rolls proffered by their server at the restaurant comes to the table, they sense a challenge. They would envy a certain 92-year-old lady I know who gobbles up much of the contents with gusto and she even freely adds to the bunch!

The Israelites in biblical times apparently had no such qualms, at least as we know about. They loved their fresh-baked bread and knew it to be a happy complement to their wine intake. So, when Jesus first talked about the "heavenly bread" He would give them, they might have thought of the manna their ancestors survived on in their desert sojourn. In turn, they blithely asked Him to "give them this bread always."

When Jesus clarified the subject, they were mostly flabbergasted. Bread His flesh? Wine His blood? Oh no! In our modern lingo the translation might be "You've got to be kidding!"

Their imaginations were too challenged. A good number of them, as St. John wrote many years later for his Christian community "turned their backs on Him and no longer went about with Him." We, good people, never want to be in that group.

Periodically we should remind ourselves of at least 3 "ifs" we have:

If Christ is God, His words are not bound by time or local custom.

If He told us that those who do not eat this bread and drink this cup have no life in them," then we know how best to stay alive.

If we know any non-practicing Catholics who don't go to Mass, we have an obligation to give them some straight talk about the Holy Eucharist. Maybe include in our talk a few stories like the following.

There is a priest in China who lives and works as a coolie. By means of pre-arranged sign language, he gets messages around of where he is to be found- usually at the corner of a local market selling soap. Customers who, like the early Christians, give a secret sign, are given a piece of soap, between the wrappings of which is hidden a small, consecrated host. The Chinese Catholic takes his purchase home and usually, after a short family service, receives Holy Communion.

God love you, and keep your faith well fed

**XVIII Domingo Ordinario**

**Primera lectura**

Ex 16, 2-4. 12-15

En aquellos días, toda la comunidad de los hijos de Israel murmuró contra Moisés y Aarón en el desierto, diciendo: "Ojalá hubiéramos muerto a manos del Señor en Egipto, cuando nos sentábamos junto a las ollas de carne y comíamos pan hasta saciarnos. Ustedes nos han traído a este desierto para matar de hambre a toda esta multitud".

Entonces dijo el Señor a Moisés: "Voy a hacer que llueva pan del cielo. Que el pueblo salga a recoger cada día lo que necesita, pues quiero probar si guarda mi ley o no. He oído las murmuraciones de los hijos de Israel. Diles de parte mía: 'Por la tarde comerán carne y por la

mañana se hartarán de pan, para que sepan que yo soy el Señor, su Dios' ".

Aquella misma tarde, una bandada de codornices cubrió el campamento. A la mañana siguiente había en torno a él una capa de rocío que, al evaporarse, dejó el suelo cubierto con una especie de polvo blanco semejante a la escarcha. Al ver eso, los israelitas se dijeron unos a otros: "¿Qué es esto?", pues no sabían lo que era. Moisés les dijo: "Éste es el pan que el Señor les da por alimento".

### **Segunda lectura** *Ef 4, 17. 20-24*

Hermanos: Declaro y doy testimonio en el Señor, de que no deben ustedes vivir como los paganos, que proceden conforme a lo vano de sus criterios. Esto no es lo que ustedes han aprendido de Cristo; han oído hablar de él y en él han sido adoctrinados, conforme a la verdad de Jesús. Él les ha enseñado a abandonar su antiguo modo de vivir, ese viejo yo, corrompido por deseos de placer.

Dejen que el Espíritu renueve su mente y revístanse del nuevo yo, creado a imagen de Dios, en la justicia y en la santidad de la verdad.

### **Evangelio** *Jn 6, 24-35*

En aquel tiempo, cuando la gente vio que en aquella parte del lago no estaban Jesús ni sus discípulos, se embarcaron y fueron a Cafarnaúm para buscar a Jesús.


Al encontrarlo en la otra orilla del lago, le preguntaron: "Maestro, ¿cuándo llegaste acá?" Jesús les contestó: "Yo les aseguro que ustedes no me andan buscando por haber visto señales milagrosas, sino por haber comido de aquellos panes hasta saciarse. No trabajen por ese alimento que se acaba, sino por el alimento que dura para la vida eterna y que les dará el Hijo del hombre; porque a éste, el Padre Dios lo ha marcado con su sello".

Ellos le dijeron: "¿Qué necesitamos para llevar a cabo las obras de Dios?" Respondió Jesús: "La

obra de Dios consiste en que crean en aquel a quien él ha enviado". Entonces la gente le preguntó a Jesús: "¿Qué signo vas a realizar tú, para que la veamos y podamos creerte? ¿Cuáles son tus obras? Nuestros padres comieron el maná en el desierto, como está escrito: Les dio a comer pan del cielo".

Jesús les respondió: "Yo les aseguro: No fue Moisés quien les dio pan del cielo; es mi Padre quien les da el verdadero pan del cielo. Porque el pan de Dios es aquel que baja del cielo y da la vida al mundo".

Entonces le dijeron: "Señor, danos siempre de ese pan". Jesús les contestó: "Yo soy el pan de la vida. El que viene a mí no tendrá hambre y el que cree en mí nunca tendrá sed".



**True Presence:**  
*The Eucharist in History and Art*

March 23 to September 8, 2024

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**“Take; this is my body”**

—Mark 14:22

The presence of Christ in the Eucharist is real, true, and substantial.

“Jesus awaits us in this sacrament of love.” (St. John Paul II, *Dominicae cenae*, no. 3)



“It is called: Eucharist, because it is an action of thanksgiving to God.” (CCC, no. 1328)

Eucharist “makes present the one sacrifice of Christ the Savior.” (CCC, no. 1330)

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**PRAYER TO THE MOST BLESSED SACRAMENT**

**MY LORD JESUS CHRIST,**

WHO FOR THE LOVE YOU BEAR US,  
REMAIN NIGHT AND DAY IN THIS SACRAMENT,  
FULL OF COMPASSION AND OF LOVE,  
AWAITING, CALLING AND WELCOMING  
ALL WHO COME TO VISIT YOU.

I BELIEVE THAT YOU ARE PRESENT  
IN THE SACRAMENT OF THE ALTAR.

I ADORE YOU FROM THE ABYSS OF MY NOTHINGNESS  
AND I THANK YOU FOR ALL THE GRACES  
YOU HAVE GIVEN ME UNTIL NOW,  
AND IN PARTICULAR,  
FOR HAVING GIVEN ME YOUR MOST HOLY MOTHER  
MARY

AS MY ADVOCATE  
AND FOR HAVING CALLED ME  
TO VISIT YOU IN THIS CHURCH.

I NOW SALUTE YOUR MOST LOVING HEART,  
AND THIS FOR THREE ENDS:

FIRST, IN THANKSGIVING FOR THIS GREAT GIFT;  
SECOND, TO MAKE AMENDS TO YOU FOR ALL THE  
OUTRAGES

WHICH YOU RECEIVE IN THIS SACRAMENT  
FROM ALL YOUR ENEMIES;

THIRD, I INTEND BY THIS VISIT TO ADORE YOU  
IN ALL THE PLACES ON EARTH  
IN WHICH YOU ARE PRESENT IN THIS SACRAMENT  
AND IN WHICH YOU ARE THE LEAST REVERED  
AND THE MOST ABANDONED.

MY JESUS, I LOVE YOU WITH MY HEART.  
I GRIEVE FOR HAVING UNTIL NOW SO MANY TIMES  
OFFENDED YOUR INFINITE GOODNESS.  
I PURPOSE BY YOUR GRACE NEVER MORE TO OFFEND  
YOU

FOR THE TIME TO COME;  
AND NOW, MISERABLE AND UNWORTHY THOUGH I AM,  
I CONSECRATE MYSELF TO YOU WITHOUT RESERVE.  
I GIVE YOU AND RENOUNCE MY ENTIRE WILL,  
MY AFFECTIONS, MY DESIRES, AND ALL THAT I  
POSSESS.

FROM NOW ON, USE ME  
AND ALL THAT I HAVE AS YOU WISH.  
ALL I ASK OF YOU AND DESIRE IS YOUR HOLY LOVE,  
FINAL PERSEVERANCE  
AND THE PERFECT ACCOMPLISHMENT OF YOUR WILL.

I RECOMMEND TO YOU THE SOULS IN PURGATORY;  
BUT ESPECIALLY THOSE WHO HAD THE GREATEST  
DEVOTION

TO THE MOST BLESSED SACRAMENT  
AND TO THE MOST BLESSED VIRGIN MARY.  
I ALSO RECOMMEND TO YOU ALL POOR SINNERS.

AND FINALLY, MY DEAR SAVIOUR,  
I UNITE ALL MY AFFECTIONS WITH THE AFFECTIONS  
OF YOUR MOST LOVING HEART,  
AND I OFFER THEM WITH YOU TO YOUR ETERNAL  
FATHER

AND BEG HIM FOR YOUR SAKE  
AND FOR LOVE OF YOU,  
GRACIOUSLY TO ACCEPT AND GRANT THEM.  
AMEN.

*By St. Alphonsus de Liguori*

## What is the Eucharist?

The Eucharist is the source and summit of the Christian life. The term "Eucharist" originates from the Greek word *eucharistia*, meaning thanksgiving.

In the celebration of the Eucharist, bread and wine become the Body and Blood of Jesus Christ through the power of the Holy Spirit and the instrumentality of the priest. The whole Christ is truly present -- body, blood, soul, and divinity -- under the appearances of bread and wine, the glorified Christ who rose from the dead. This is what the Church means when she speaks of the "Real Presence" of Christ in the Eucharist.

### Where is the Eucharist mentioned in the Bible?

The Lord Jesus, on the night before he suffered on the cross, shared one last meal with his disciples. During this meal our Savior instituted the sacrament of his Body and Blood. He did this in order to perpetuate the sacrifice of the Cross throughout the ages and to entrust to the Church a memorial of his death and resurrection. The Institution of the Eucharist is written down in the four Gospels below:

- [Matthew 26:26-30](#)
- [Mark 14:22-26](#)
- [Luke 22:14-20](#)
- [John 6:22-59 \(The Bread of Life Discourse\)](#)

### Why does Jesus give himself to us as food and drink?

Jesus gives himself to us in the Eucharist as spiritual nourishment because he loves us. By eating the Body and drinking the Blood of Christ in the Eucharist, we become united to the person of Christ through his humanity. "Whoever eats my flesh and drinks my blood remains in me and I in him" (Jn 6:56). In being united to the humanity of Christ, we are at the same time united to his divinity. Our mortal and corruptible natures are transformed by being joined to the source of life.

### Is the Eucharist a symbol?

The transformed bread and wine are **truly** the Body and Blood of Christ and are not merely symbols. When Christ said "This is my body" and "This is my blood," the bread and wine are transubstantiated. Though the bread and wine appear the same to our human faculties, they are actually the real body and blood of Jesus.

## The Liturgy of the Eucharist

The Liturgy of the Eucharist begins with the preparation of the gifts and the altar. As the ministers prepare the altar, representatives of the people bring forward the bread and wine that will become the Body and Blood of Christ. The celebrant blesses and praises God for these gifts and places them on the altar, the place of the Eucharistic sacrifice. In addition to the bread and wine, monetary gifts for the support of the Church and the care of the poor may be brought forward. The Prayer over the Offerings concludes this preparation and disposes all for the Eucharistic Prayer.

## The Eucharistic Prayer

The Eucharistic Prayer is the heart of the Liturgy of the Eucharist. In this prayer, the celebrant acts in the person of Christ as head of his body, the Church. He gathers not only the bread and the wine, but the substance of our lives and joins them to Christ's perfect sacrifice, offering them to the Father.

The introductory dialogue establishes that this prayer is the prayer of the baptized and ordained, is offered in the presence of God, and has thanksgiving as its central focus. Following this dialogue, the celebrant begins the Preface, which consists of four different Eucharistic Prayers. After these prayers, communion is then given.

The following timeline follows the traditional Liturgy of the Eucharist:

- Presentation of the Gifts and Preparation of the Altar
- Prayer over the Offering
- Eucharistic Prayer
  - Preface
  - Holy, Holy, Holy
  - First half of prayer, including Consecration
  - Mystery of Faith
  - Second half of prayer, ending with Doxology
- The Lord's Prayer
- Sign of Peace
- Lamb of God
- Communion
- Prayer after Communion

<https://www.usccb.org/eucharist>

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